



O Jesus, through the  
Immaculate Heart of Mary,  
I offer you my prayers, works,  
joys and sufferings of this day  
for all of the intentions  
of your Sacred Heart,  
in union with the holy sacrifice  
of the Mass throughout the world,  
in thanksgiving for your favours,  
in reparation for my sins,  
for the intentions of all  
my relatives and friends, and  
in particular for the intentions  
of the Holy Father. Amen.



Archdiocese  
*of* Toronto

[www.archtoronto.org/sacredheart](http://www.archtoronto.org/sacredheart)