

# *A Stewardship Examination of Conscience*

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## 1. You shall have no gods before me.

- Do I use my time to place God as the centre of my life?
- Is there a relationship, a possession, an activity that consumes an inordinate amount of my time?
- Do I use my time to pray daily to God?

## 2. You shall not take the name of the Lord in vain.

- Do I attribute my gifts to God or myself?

## 3. Keep holy the Sabbath.

- Do I use my time to ensure I attend Mass on Sundays and Holy Days of Obligation?
- Do I make Sunday a time of rest and prayer?
- Do I seek the sacrament of confession for times I've fallen or misused my time and talents?
- Do I utilize my time and talents to help my parish community, especially on Sundays

## 4. Honor your father and mother.

- Do I show gratitude to God and my parents for the gifts they have been in my life?
- Do I intentionally offer my time and talents in my home to foster greater love and unity between my family members?
- Do I act as a good steward towards my children, helping them see their lives as a gift from God?

## 5. You shall not kill.

- Do I harbour anger towards those in the parish community with whom I minister?

- Do I lose my patience with my fellow parishioners and act in an inhospitable and unloving manner?

## 6. You shall not commit adultery.

- Do I live the gift of chastity as proper to my state in life?
- Do I respect the sexuality of others and myself as a divine gift?

## 7. You shall not steal.

- Do I share the gifts and talents the Lord has given to me with others and my parish community?
- Do I appropriately use my time at work for the pay I receive?

## 8. You shall not bear false witness against your neighbor.

- Have I gossiped or slandered my fellow parishioners?
- Have I hurt the reputation of those in my parish?

## 9. You shall not covet your neighbor's wife.

- Do I honor and respect the proper boundaries of relationships?

## 10. You shall not covet your neighbor's possessions.

- Am I jealous of the gifts and talents other people possess?
- Am I ungrateful for the gifts the Lord has bestowed on me?
- Am I selfish, greedy or possessive with things or relationships?
- Do I expect a return for the gift of my time and talents?